
Shelly Marshall

SUMMARY

Addiction Recovery Specialist and published researcher with five decades of experience spanning clinical practice, international program development, and recovery education. Author of foundational self-help and behavioral health titles with millions of copies in print. My work integrates lived experience with high-level professional roles across treatment, academia, research, and law enforcement. I specialize in developing web-based tools and publications that translate recovery principles into practical, solution-oriented strategies for sustainable behavior change and self-respect. An international educator and keynote speaker, I have consulted for and presented at premier institutions, including the United Nations, the Betty Ford Center, and the Moscow Institute.

CAREER HISTORY

2000-Present Small publishing house for addiction recovery market, webmaster for various organizations

2004-2019 Personal Recovery Assistant for *Hired Power*. Huntington Beach, California.

2001- to 2019 Book Reviewer: MentalHealth.net

2000-to 2004 Webmaster and hosting for drug prevention, 12-step programs, and latch-key kids web sites.

1998-to 2000 Implemented five programs for counties in Virginia with self created Internet-based prevention programs using block grants.

1991-to 1998 *Representative NAN Foundation (Russian Charity)*,

I have worked with NAN (No to Alcohol & Narcotics), as a consultant, trainer, program developer, and their representative to the **United Nations**.

1977 to Present *Educator & Keynote Speaker*

I teach addiction certification schools internationally, do seminars and workshops, and am billed as the keynote speaker at various conventions and other functions. I have appeared at The Betty Ford Center, Father Martin's Ashley, Old Dominican University, and the Moscow Institute among others.

1980-1984 *Marine Deputy, Bonner County, Idaho*

I was the first female deputy put in the field in Bonner County.

1975-1978 *Therapist, St Luke's Hospital, Denver, Colorado*

Organized one of the first young people's addiction recovery programs in the country.

1974-1975 *Alcoholism Community Program Developer, Cortez, Colorado*

Developed a detox center for the Ute, Apache, and Navajo Indians in Cortez on a state grant.

1970-1977 *Board of Directors & Co-founder, Hand of Hope, Denver, Rehabilitative home for the addicted.*

ACADEMIC BACKGROUND/CREDENTIALS

Certified Substance Abuse Counselor, Number 0710101734-Virginia, until 2020.

Bachelor of Science, Human Services-Drugs/Alcohol--Metropolitan University, Denver Colorado, 1978

230 hours of Continuing Education

CIVIC, PUBLIC, & COMMUNITY ACTIVITIES

- Board Member. Tok Chamber of Commerce (2013-2021)
 - Board Trustee for Hideaway Valley Property Owners Association (2011-12)
 - Search and Rescue, Bonner County, ID (1982-1987)
 - Community Involvement Team, King William County, VA (2000-2004)
 - Board of Directors, Council on Youth, Charles City County, VA (1999-2004)
 - Member INCASE (addiction educators) 1999-Lifetime
 - Board Member of National Institute on Chemical Dependency, Arizona (2001-2005)
 - Board of Directors, Serenity House, Newport News, VA Held office of Vice Chair (2000-2002)
 - NGO Representative to the United Nations for Russian Charity, NAN (1998-2015)
 - Action Alliance Leader, Voice for the Children (1999-Lifetime)
 - Blackfoot Home And Community Club (2022-present)
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ACCOLADES

Excellence in Writing Award from Rocky Mountain Writer's Guild (1977)

NWA book-length contest, sixth for TEENAGE ADDICTS CAN RECOVER (1991)

NWA Short Story contest, first place (1992) for 'Harvesting the New Man.'

NWA Short Story contest, placed, (2000) for 'Does God Wear Tennis Shoes?'

Patent Number 5,065,699 Pet Coach Cab Extender Cage

PUBLICATIONS

Professional Papers

- 1993: Treatment Paternalism in Chemical Dependency Counselors. "International Journal of Addictions," 28(2), 91-106, 1993
- 1993: Homogeneous Versus Heterogeneous Age Group Treatment of Adolescent Substance Abusers " American Journal of Alcohol and Drug Abuse" 19(2),pp 199-207, 1993
- 1994: Characteristics of Abstinent Substance Abusers Who First Sought Treatment in Adolescence." Journal of Drug Education" Vol. 24(2) 151-162, 1994
- 1999: The Multigenerational Treatment Setting. "The Journal of Addictive Diseases" Vol. 18 (4) 1999
- 2001: Rapid Detox-Panacea or Dangerous? "Ежемесячный Журнал, Нарконетъ Россия Без Наркотиков" (Monthly Journal, Narkonet, Russia Without Narcotics) Vol 9-10 (12) 56-57 2001
- 2018: HOA power relationship, problem-solving, and communication patterns during a major building renovation construction crisis. "Housing and Society," ISSN: 0888-2746 (Print) 2376-0923 (Online) Journal homepage: <http://www.tandfonline.com/loi/rhas20>

Self-Help Books

DAY BY DAY (Hazelden Publications, MN 1974)
YOUNG, SOBER & FREE (Hazelden Publications, MN 1979)
Both books picked up by Harper & Row (San Francisco 1987)
TEENAGE ADDICTS CAN RECOVER (Gylantic, Littleton, CO 1992)
THE POWER OF TOUCH (Safo, Moscow, Russia 1993) In Russian. For teenage sexual issues.)
HOUR TO HOUR (Twelve, Moscow, Russia 1994 in Russian/Pocket Books, New York 2001)
YOUR DREAM OF RECOVERY (A.R.E., Virginia Beach, VA 1995)
HOUR TO HOUR (Pocket Books, imprint of Simon & Schuster, New York, 2001)
POCKET SPONSOR (Day By Day, VA, 2003)
SOBER COACHING YOUR TOXIC TEEN (Day By Day, Recovery Resources, AZ 2007)
FACILITATOR GUIDE for Sober Coaching (Day By Day, Recovery Resources, AZ 2008)
KNOWN CURES FOR ALCOHOLISM... (Day By Day, Recovery Resources, AZ 2008)
WALK SOFTLY AND CARRY A BIG BOOK (Day By Day, Recovery Resources, AZ 2008)
RESPECT-ME RULES (Cedar Fort, Springfield, UT 2010)
12 STEP DREAM WORK (Day By Day, Recovery Resources, AZ 2012)
SITTING IN PICTURES (Day By Day, Recovery Resources, AZ 2012)
COLOR ME SOBER (Day By Day, Recovery Resources, AZ 2017)
ESCAPING MYSELF (Day By Day) Recovery Resources,, MT 2022)

Children's

Marcella Whiteskunk, *Friends* (Utah, 1978)
"Things on Strings" *Children's Playmate* (New York, NY 1978)
DOES GOD WEAR TENNIS SHOES? National Writer's Association Short Story contest, placed (2000)/Published paperback (2025/Kindle)
ROOTY TOOT RAMBLER, Finds a Home Author and illustrator (Rhyming Picture book. Grant, Community Involvement Team, King & Queen County, VA 2003)

Periodicals

- *Recovery Today* San Diego (2017) War Cries
- *InRecovery*, Scottsdale AZ (2015)
- *Community Newspapers*: Capital Hill News (Denver, CO 1977-78); Priest River Times (Priest River, ID 1980-1985); Mukluk News (Tok, AL 1989-2008); Intrepid Reporter (Landers, CA 1993-95)
- *Magazines*: Western RV (Portland, OR); RV West (Seattle WA); Venture Inward (Virginia Beach, VA); Saturday Evening Post Children's (New York, NY); New Age Retailer (Bellingham, VA); Convergence (Concord, NH); The Friend (Salt Lake, UT)
- *Recovery Papers*: Spirit of the Times (Denver, CO); Challenges (Grand Rapids MI); Choices (Virginia Beach, VA); Steps (Sherman Oaks, CA) ; Positive Alternatives (Sandy, Utah); Phoenix (St. Paul, MN); We (Pittsburgh, PA); New Times (San Jose, CA); 12 Step Times (Spokane, WA) Living Large (Grand Rapids, MI); Road Song-The Journal of Clean & Sober Motorcycling (Santa Cruz, CA)
- *E-zines*: Friends of Bill W & Jimmy K; Empty Bottle; Opportunity of Adolescence; Hope & Healing Chronicles; Ask Shelly Advice Column; Sober Times; Promises; Self-Growth Web Site
- *Editor*: NAN Newsletter. Quarterly publication for the NAN Foundation out of Moscow Russia